

Our hosts – the guardians of Towerland – are *Sue Davidoff & Allan Kaplan*. Sue and Allan have been building up Towerland as a social and ecological wilderness retreat for the past 15 years. Once a working farm, Tuiweland (Afrikaans for “enchanted land”) now invites people eager to learn about the relationship between the cultivated lands and the wild.

More [www.proteusinitiative.org](http://www.proteusinitiative.org)

## Team of facilitating *Spacemakers*

*Dr. Undine Whande* Mermaid Spirit | South Africa

*Claus-Bernhard Pakleppa* p4d | Germany

*We are a team from South Africa and Germany with experience and empathy. By origin and profession we are wanderers between the two contexts.*

We have learned from experience how synergies emerge when there is a conducive space for encounter offered at the right moment in time.

We have seen how challenge asks us to listen, learn and to open our eyes afresh. We understand our role as connectors, spacemakers, dialogue openers, stimulators for exchange and finding common ground. We see you as key collaborators in creating the space for exploration, bringing your creative energy and contributions. And we take nature as our guide and teacher along the journey.

THIS IS YOUR  
WORLD. SHAPE IT OR  
SOMEONE  
ELSE WILL

## Imagine ...

... **meeting international colleagues** and being inspired by dialogues on perspectives, experiences and approaches to leadership and on how to **deal with challenging situations**.

... sensing and acting in ways that are **truly inclusive and transcultural**.

... immersing ourselves in **nature as a source and medium** for personal and mutual understanding.

... **becoming part of a diverse community** of leaders and practitioners from North and South drawn from different sectors, countries, worldviews and orientations.

## Registration, Dates, Times *and more*

### Date

Arrival 6th of March 2016

Program 7th until 11th of March 2016

Departure 12th of March 2016

*Early arrival and late departure possible*

Please register

### **Mermaid Spirit**

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### Costs

Participation fee including full residential cover

European Residents € 2.490 / early bird € 2.190 (VAT. Incl)\*

Southern African Residents ZAR 15.500 / early bird ZAR 13.500\*

\*Early bird available until 25th of September. Reduced rates on application.

## Shaping myself – Shaping *the world*

A wilderness journey in South Africa *exploring the call of leadership* in our time



Mermaid Spirit

**Dr. Undine Whande**

*Conflict Transformation & Systemic Coaching*

p4d

*... shaping working culture.*

LEADING.  
SHAPING.  
NETWORKING.

LEADERSHIP-RETREAT



## Process



## A Journey into Learning Leading *Innovating*

How do we best meet the ever increasing speed, complexity and, for many, a sense of deepening crisis in the **world around us?**

What qualities and practices do we need to cultivate to become fully awake to the **demands of our time?**

How do we lead and support leadership, our own and that of others, in ways that face differences and **enable a common ground?**

How do we **connect** in “times of disconnect” across (inter-) national, (inter-)cultural and (inter)personal boundaries?

We want to offer a **creative atmosphere** for this inquiry, immerse ourselves in a wilderness space with you and explore and learn across languages, cultures and sectors.

We envisage an **inside-out process** of reflection, deepened and intensified through nature observation and dialogue with each other and supported by individual coaching.

## The Towerland Wilderness *Retreat*

The Towerland Wilderness Retreat is situated in the rugged beauty of the **Langeberg Mountains** in the Southern Cape. Allow the peaks, valleys and rivers with their pristine indigenous fynbos vegetation call you into your original self.

In basic but comfortable surrounds, you connect to the rhythms of nature as your inner and outer worlds come back into unison.

*“As you come into calm waters, your soul can open into new horizons.”*

[www.towerlandwilderness.org](http://www.towerlandwilderness.org)



### Monday

> opening and connecting

### Tuesday

> collective sensing and understanding of leadership realities

### Wednesday

> collective and individual in depth reflection, intentional pause and presencing time

### Thursday

> gathering the insights and formulation of individual leadership vision

### Friday

> solutions and integrating of insights into my working reality

The participants will be accompanied through personal coaching (optional) during the retreat. The process starts with an initial connecting call before the retreat and offers the support of a follow up call after the retreat. Participants get to know **observation/sensing/presencing techniques** and tools that have been found useful in facing leadership challenges and enhancing potentials. We also offer select teaching inputs based on participants’ needs and interest.

## Intended *Outcomes*

**We envision participants walking away from the process**

- > having ‘dug deep’ into their own leadership questions
- > having shared experiences and ideas with peers and colleagues from different leadership realities

**in order to**

- > gain a clear picture and deepened understanding of their current leadership practices - challenges and peaks
- > foster capacity to ‘think outside the box’ and discover existing innovation potentials
- > receive inspiration and fresh energy for their current leadership
- > formulating their own leadership vision and being able to implement it
- > gain courage to step into shaping their own leadership consciously and confidently
- > receive support in integrating the insights won through the exchange into everyday working realities